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Already we're well into 2008 with the grading and awards ceremony behind us.

This year started for a number of students with the opportunity to attend an assistant club coach course, this is a mandatory requirement for all seniors between purple belt and black belt, the black belt grading cannot be attempted without attendance on this course. You then have a choice; you can perform the required 10 hours coaching and submit your workbook to WJJF headquarters and hopefully achieve the Assistance Club Coach Award or you can choose to take your coaching no further and sign a disclaimer to say that you will never teach anyone – it's your choice.

If you do achieve the award then you can decide if you'd like to continue coaching or not.

There are three coaching levels;

- Assistant Club Coach – can only coach when a Club or Senior Coach is in attendance
- Club Coach – can run their own class alone
- Senior Coach – as above but is better placed to bring on Assistant and Club Coaches

As a result of their efforts, 6 candidates completed the 10 hours of coaching and so far 3 of them have achieved their Assistant Club Coach Certificate – so well done to Dennis Morris, Anthony Littlejohns and James West.

You will be seeing Dennis and James as regular instructors from now on, so please treat them with the same respect that you show me.

Grading

Another brilliant grading session in March, Numbers were good and the standard was again very high.

Well done to everyone who took part, it's great to see so many of you gain Credits and Honours. A big CONGRATULATIONS the SIX students who achieved an honours; Brandon Dewar, Teile Narczyk, Kelly Newbold, Kyle Narczyk, Morgan Phelps and Tim Marson – well done. Below are the full grading results;

JUNIORS				
Louis Elms	Junior	Yellow	Credit	Hinckley
Luke Bradbury	Junior	Orange	Credit	Coalville
Claudia Esposito-Edge	Junior	Green	Credit	Coalville
Lauren Kenny	Junior	Blue/White	Credit	Earl Shilton
Becky Kenny	Junior	Blue/White	Credit	Earl Shilton
Teile Narczyk	Junior	Blue/White	Honours	Hinckley / Coalville
Brandon Dewar	Junior	Blue/White	Honours	Coalville



Ryan Hextall	Junior	Blue	Credit	Earl Shilton
Harley Morris	Junior	Blue	Credit	Hinckley / Coalville
Kelly Newbold	Junior	Purple	Honours	Coalville
Kyle Narczyk	Junior	Brown/White	Honours	Hinckley / Earl Shilton / Coalville
Morgan Phelps	Junior	Brown	Honours	Hinckley / Coalville
Lauren Kenny	Junior	Kata1	Credit	Earl Shilton
Becky Kenny	Junior	Kata1	Credit	Earl Shilton
SENIORS				
Alistair Ball	Senior	Yellow	Credit	Hinckley / Earl Shilton
Roland Braeuer	Senior	Orange	Credit	Hinckley
Paul Biscombe	Senior	Blue / White	Credit	Hinckley / Coalville
Tim Marson	Senior	Blue / White	Honours	Hinckley / Coalville
Amanda Phelps	Senior	Blue / White	Credit	Hinckley / Coalville
Dennis Morris	Senior	Brown / White	Pass	Hinckley / Coalville
Paul Biscombe	Senior	Kata 2	Credit	Hinckley / Coalville
Tim Marson	Senior	Kata 2	Credit	Hinckley / Coalville

Badges

Now that you've taken a grading please check that your quota of badges is up to date. If you are unsure of which badges you should have on your Gi then please ask Amanda for a list, check out the information on the website or take a look at the list in the back of your Budo pass. All badges cost £6 and we always have a selection in stock for you to purchase.

Awards Ceremony February 2008

Congratulations to those students who excelled over 2007 and were awarded with trophies for their efforts. Yes trophies, going into its third year Leicester Ju Jitsu is thriving and has been able to invest in trophies. These have been engraved with last year's winner's names and also with this year's winner's names who are;

Award	Hinckley Club	Coalville Club
Junior Most Improved	Louis Elms	Marcus Esposito-Edge
Senior Most Improved	James West	Amanda Phelps
Junior Technical Best	Stacy Morris	Kyle Narczyk / Kelly Newbold
Senior Technical Best	Paul Biscombe	Corey Langton



The night was a great success and all those who attended were tunefully entertained by our karaoke stars. Thanks go to the Narczyk family and to John Chinn for their donations that enabled us to have a raffle in aid of the Leicestershire downs group (www.leicesterdownsgroup.co.uk). We hope you enjoyed the night as much as we did and look forward to seeing you all there next year. Don't forget to take a look at the website for photo's of the event.

Club Times & Prices	
Monday Evening Hinckley Club The Dorothy Goodman School Stoke Road Hinckley LE100EA	Friday Evening Hermitage Leisure Centre Silver Street Whitwick Coalville LE67 5EU
6:30-7:30pm juniors - £12.00 for 4 weeks - 8 Places	7:00-8:00pm juniors - £12.00 for 4 weeks - 7 Places
7:30-8:30pm seniors up to Brown&White- £16.00 for 4 weeks - 1 place	8:00-9:00pm seniors - £16.00 for 4 weeks- mat full
8:30-9:30pm seniors brown and above- £16.00 for 4 weeks - (by invitation only)	

If you are still paying weekly then the prices are £4 / week for juniors and £5 / week for seniors, paying weekly does not guarantee you a mat place and you will find you are turned away on the night if we don't have room for you. By paying monthly you also gain 1 FREE lesson a month and a guaranteed mat place. In 2008 we will be restricting the number of mat places to 14 for senior sessions to ensure your health and safety and also more individual time with sensei.

As the new assistant club coaches settle into their roles we will be able to increase the number of juniors on the mat from 14 to 18, so if you know anyone who'd like to join the junior sessions on a Monday or a Friday then let them know and encourage them along to join us.

Student Record Cards

Please remember to bring them along with you otherwise their usefulness is diminished. The cards have proved to be very useful to both student and coach which is evident from the number of honours you got at the last grading. These cards have also just received the seal of approval from Sensei Elliot our regional representative in Chesterfield.

Call me Sensei

Just one final point, an instructor on the mat is called Sensei, that's anyone who is instructing you including the assistant coaches. This is important at EVERY lesson, but doubly important at gradings and on courses - miss this term at your peril!! - Train hard and continue to enjoy your lessons.



Don't forget to check out the website www.leicesterjudo.co.uk for the most up to date information about the clubs. - newsletter8.doc