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Merry Christmas from
Robert, Amanda, Jacob,
Morgan & Duncan

Welcome to our Christmas newsletter 2008.
It has been a busy year and with the number of
things planned for 2009 it should be just as
busy and exciting!

Club Training :-

The clubs are now closed until January 2009, re-opening as follows;

Hinckley - Monday 5th January 2009
Coalville - Friday 9th January 2009

Awards Ceremony 2009

We are in the midst of planning for our annual awards ceremony in 2009. The date will be Saturday 28th February 2009. As yet we have not confirmed a venue, we are looking for somewhere in the Hinckley area this year, but we will let you know as soon as we do. So keep the date free and plan to come along and have fun.

Can all students who received awards shield last year please return them ASAP so that we can get the 2009 winners names engraved on them. This year all the club coaches will be having a vote as to who the winners are, so don't forget to impress them.

We will be having a raffle on the night to raise money for the Leicester Down's Syndrome Group and would be grateful if you have anything to donate to the raffle. So any unwanted gifts Santa gives you this year, recycle them by donating them to our raffle.



Don't forget to check out the website www.leicesterjujitsu.co.uk for the most up to date information about the clubs. – newsletter11.doc

Grading 16th December 2008:-

Another fantastic grading session, with high standards shining through! Numbers were lower but the standard was again very high.

Well done to everyone who took part, it's great to see so many of you gain a Credit again, for those of you who did not manage a credit; your task is to aim for a one next time.

A big CONGRATULATIONS to Paul Garrett and Tim Marson who achieved an Honours – well done. Below are the full grading results;

JUNIORS			
Jenny Pascoe	Red	Credit	Hinckley
Abigail Hornsey	Red	Credit	Hinckley
Joshua Carter	Red	Credit	Hinckley
Agusta Aggas	Red	Credit	Coalville
Giacomo Aggas	Red	Pass	Coalville
Alex Bradbury	Red	Pass	Coalville
Chloe Goodhall	Yellow	Credit	Hinckley
Jack Garrett	Yellow	Credit	Hinckley
Marcus Esposito-Edge	Blue & White	Credit	Coalville
Jacob Hayes	Brown/White (part 2)	Credit	Hinckley
Harley Morris	Brown/White	Credit	Hinckley / Coalville
Kelly Newbold	Brown	Credit	Coalville
SENIORS			
Paul Garrett	Yellow	Honours	Hinckley
Marek Marzanski	Yellow	Credit	Hinckley
Alex Boam	Green	Credit	Coalville
Chris Boam	Green	Credit	Coalville
Amanda Phelps	Purple	Credit	Hinckley / Coalville
Paul Biscombe	Purple	Credit	Hinckley / Coalville
Tim Marson	Purple	Honours	Hinckley / Coalville

Badges :-

Now that you've taken a grading please check that your quota of badges is up to date. If you are unsure of which badges you should have on your Gi then please ask Amanda for a list, check out the information on the website or take a look at the list in the back of your Budo pass.



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Black Belt Grading, December 2008

Twice a year, black belt grading are held in Chesterfield under the instruction of Soke Robert Clark 9th Dan. Students who have attained brown belt spend around 12 months training two to three times a week to gain this prestigious award. It takes hard work and dedication to get to this level. On 14th December 2008, 4 students from LUJ attended and past their DAN grading. I would like to CONGRATULATE them all at their success and look forward to training with them over the coming year as they work their way towards their next Dan.

Morgan Phelps – Junior 1st Dan
Thomas Preston – Senior 1st Dan
Anthony Littlejohns – Senior 1st Dan
&
Robert Phelps – Senior 4th Dan

Club Times & Prices :-

Prices should remain stable in 2009 and we don't expect to have any rises.

Monday Evening Hinckley Club The Dorothy Goodman School Stoke Road Hinckley LE10 0EA	Friday Evening Hermitage Leisure Centre Silver Street Whitwick Coalville LE67 5EU
6:30-7:30pm juniors - £12.00 for 4 weeks	7:00-8:00pm juniors - £12.00 for 4 weeks
7:30-8:30pm seniors up to Brown & White - £16.00 for 4 weeks	8:00-9:00pm seniors - £16.00 for 4 weeks
8:30-9:30pm seniors brown and above - £16.00 for 4 weeks	

By paying monthly you gain 1 FREE lesson a month and also a **guaranteed** mat place for when you are away. Moving forward into 2009 we still have a healthy waiting list, so if you aren't able to train for a long period of time please keep us informed so that we can give new students the opportunity to experience Jujitsu.



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Minimum Training Sessions

As students move higher up the grading syllabus the number of attended sessions between belts becomes more and more important. The World Ju Jitsu Federation is very keen to maintain its high standards and coaches are therefore being put under continued pressure to maintain these standards and ensure that the number of attended sessions listed in the back of your budo pass is adhered to. For the vast majority of my students this is not an issue, you have found that regular attendance enhances your abilities and so your enjoyment of the art. If you would like to attend another session please see me to find out if there is mat space available.

If you are struggling with any part of your syllabus then please come and talk to one of the instructors about it and we will do our best to help out. Don't forget there are a lot more instructors in the 2 clubs now and all are keen to help. Your instructors are;~~
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Hinckley

Sensei Phelps	4 th Dan	Senior coach
Sensei West	1 st Dan	Assistant club coach
Sensei Morris	Brown Belt	Assistant club coach
Morgan Phelps	1 st Dan	Junior assistant leader
Kyle Narczyk	Brown Belt	Junior assistant leader

Coalville

Sensei Phelps	4 th Dan	Senior Coach
Sensei Langton	1 st Dan	Assistant Club coach
Sensei Morris	Brown Belt	Assistant Club coach
Morgan Phelps	1 st Dan	Junior assistant leader
Kyle Narcyk	Brown Belt	Junior assistant leader
Kelly Newbold	Brown Belt	Junior assistant leader

Merry Christmas:-

All that remains to be said is **Have a Very Merry Christmas and a Happy New Year**, and we look forward to seeing you all again in 2009, from Robert, Amanda, Jacob, Morgan and Duncan Phelps.



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