



Grading September 2008

Well done to everyone who took part, it's great to see so many of you gain Credits and Honours. A big **CONGRATULATIONS** to the **TWELVE** honours students at this grading – **FANTASIC!!**
 Junior Honours; Amneet Kaur Mander, Arjun Singh Mander, Jack Garrett, Molly Goodhall, Chloe Goodhall, Louis Elms, Kelly Newbold, Kyle Narczyk, and **FOUR** senior honours; Nathaniel Steele, Paul Garrett, Roland Braeuer, Stacy Morris – a very well done to you all.

Thanks also go to the assistant club coaches; Dennis, James & Corey, and also to my assistant junior leaders; Stacy, Morgan, Kelly and Kyle, your help has defiantly assisted in raising and keeping the standards high, so thank you very much.

Below are the full grading results;

JUNIORS			
Frank Goodyear	Red	Credit	Hinckley
Connor Horsler	Red	Credit	Hinckley
James Hammond	Red	Credit	Coalville
Amneet Kaur Mander	Red	Honours	Coalville
Arjun Singh Mander	Red	Honours	Coalville
Jack Garrett	Red	Honours	Hinckley
Molly Goodhall	Red	Honours	Hinckley
Chloe Goodhall	Red	Honours	Hinckley
Louis Elms	Orange	Honours	Hinckley
Teile Narczyk	Blue	Credit	Hinckley/Coalville
Duncan Phelps	Purple	Credit	Hinckley/Coalville
Kelly Newbold	Brown/White	Honours	Coalville
Kyle Narczyk	Brown	Honours	Hinckley/Coalville
Luke Bradbury	Kata 2	Pass	Coalville
Marcus Esposito-Edge	Kata 2	Credit	Coalville
Brandon Dewar	Kata 2	Credit	Coalville
Kelly Newbold	Kata 4	Credit	Coalville



SENIORS			
Lorna-Ellen Johnson	Red	Credit	Coalville
Michael Anderson	Red	Credit	Coalville
Nathaniel Steele	Red	Honours	Hinckley/Earl Shilton
Paul Garrett	Red	Honours	Hinckley
Alex Boam	Orange	Credit	Coalville
Chris Boam	Orange	Credit	Coalville
Roland Braeuer	Blue/White	Honours	Earl Shilton
Dennis Morris	Brown	Pass	Hinckley/Coalville
Laura Bartle	Brown	Credit	Hinckley
Stacy Morris	Brown	Honours	Hinckley/Coalville
Alex Boam	Kata 1	Pass	Coalville
Chris Boam	Kata 1	Pass	Coalville
Laura Bartle	Kata 3	Pass	Coalville
John Chinn	Kata 12	Credit	Hinckley/Earl Shilton

GCSE PE

As you move into year 9 at school you will be thinking about your subject choices for year 10. If you're making your subject choices for GCSE and are considering PE, then are you aware that one of your 4 sports within the PE module could be Ju Jitsu! The WJF have submitted the WJF syllabus to Ed Excel (the examination board) and it has been approved. So provided you are blue belt or above prior to the time when you will sit your GCSE then you can use your Ju Jitsu as one of your sports. Please ask Sensei if you would like more details.

Junior Leaders



In 2008 we have had 4 students successfully complete the assistant junior leader course at the Chesterfield Hombu. Congratulations go to Stacy Morris, Morgan Phelps, Kyle Narczyk and Kelly Newbold for all their hard work and on passing the course.

You will see these juniors assisting Sensei Phelps during training session on Mondy and Friday evenings. If you find yourself under their instruction, please show them as much consideration and respect as you do your Sensei



Don't forget to check out the website www.leicesterjujitsu.co.uk for the most up to date information about the clubs. – newsletter10.doc

If you are under 16 years old and you would like to be an assistant junior leader in the future then this is what you need to know; once you have past your purple belt grading, let your Sensei know that you would like to learn to be an assistant junior leader, he will arrange for you to attend a course in Chesterfield and help you with your studies.

The responsibilities of an assistant junior leader is to set a good example to other students, help other students with their training, assist and support their Sensei during training sessions. Becoming an assistant junior leader is a great way of learning how to become part of team, gain teaching skills and understand Ju Jitsu a lot more in depth. It is also a lot of fun.

Courses

We have an area course organised in November, courses are a brilliant opportunity to grow your martial arts knowledge, and are run by a visiting instructor so you also get the chance to train with a new instructor, and gain a small portion of their knowledge.

Here are the details of this course;

Nov 9 th	Hermitage Leisure Centre Silver Street Whitwick Leicestershire LE67 5EU	Mixed junior and senior, 2 hour course Starting 12 noon until 2pm	Sensei Terry Lee Senior - £15 Junior - £10
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Please speak to me if you want more information or would like to book a place. This is an official WJF course and will count toward your requirement of 4 WJF courses prior to Black Belt.

Assistance

Please do not hesitate to speak to me either at a training session or between training sessions if you are having any problems with ju jitsu training, ju jitsu coaching, some self-defence related matter or indeed anything with which you think I may be able to help.

Train Hard & Stay Safe ~ Sensei Rob Phelps (3rd Dan, Senior Coach | 07976 952565)

